Checklist



Are you ready to take on the Challenge?

As you head off on your next adventure to a New York State park or historic site, take on the Centennial Challenge! Complete 24 of the 100 listed activities to win a commemorative sticker and be entered into a promotional giveaway for a threeyear Empire Pass and Centennial swag!

Additional details on page 6. For each additional 10 activities you complete, you'll receive one extra entry into our promotional giveaway.



Festival Fun

Attend a festival at any state park or historic site throughout the year.

Say, "Parks!"

Find a Park Ranger at one of our state parks and take a selfie with them!

Splish, Splash

Go swimming at one of our nearly 70 beaches or pools!

DISC-over Disc Golf

Visit one of our 17 disc golf courses at state parks throughout New York.

Waterfall Wonders

Explore the more than 50 wonderful waterfalls located throughout our state parks!

Ready, Set, Run!

Find a race at your local state park and join in on the fun!



Snow Much MORE Fun!	Sleep Under the Stars
Bundle up and take on winter by going cross country skiing at one of our state parks.	Make a reservation at one of our more than 8,500 campsites!
Picture Perfect Picnic	Attend a Performance
Visit a new state park or historic site and bring a picnic for fun!	Attend a concert or performance hosted at one of our state parks or historic sites.
Bright Lights	Sharpen Your Blades
Visit one of our seven magnificent lighthouses!	Pack your skates and head off to visit one of our ice rinks throughout the state!
New Year, New You!	Yak about it
Participate in a 2024 First Day Hike at one of the 80+ host sites across the state!	Bring your own or rent a kayak or canoe for a water-themed adventure.
For the Birds	Stay Connected!
Go birdwatching at any of our state parks and historic sites.	Download the Parks Explorer app and favorite some of your local state parks and historic sites.
Surf, Sun, and Sand Castles	Reunite with the Revolution
Build a sand castle at one of our beaches located at state parks across New York.	Visit a Revolutionary War battlefield at one of our historic sites.
Go Green	Fabulous Forests
Bring your re-usable water bottle on a hike or walk at one of our state parks or historic sites.	Try forest bathing to decompress at one of our state parks or historic sites.
Cool Campers	Host Book Club!
Join the Camper Loyalty Rewards program and start collecting points!	Hold your next book club meeting in a state park or historic site.
Spooky Stories	Art in the Park
Tell a ghost story by flashlight around a campfire!	Sketch a wildflower or wildlife you see at a state park or historic site.



Spot a Rainbow	Explore the Empire State Trail
Spot a rainbow in a state park or historic site!	Bike, walk, or run on the Empire State Trail!
Snowy Days and Snowy Angels	Covered Bridge Creations
Make a snow angel at a state park or historic site.	Walk across a covered bridge at one of our state parks or historic sites.
Visit a Farmers Market	Here for the S'mores
Check out a Farmers Market at a state park or historic site.	Make s'mores over a fire at a state park campground!
Dog Days	Be a Bookworm
Enjoy a walk with your leashed dog at a state park (where allowed).	Read under a tree at a state park or historic site.
America's Oldest State Park	Largest New York State Park
Visit the oldest state park in the system (Niagara Falls State Park)!	Visit the largest state park in our system (Allegany State Park)!
Smallest New York State Park	First New York State Historic Site
Visit our smallest state park (the State Park at the NYS Fair) and make a wish by the reflecting pool!	Visit the first NY State historic site in our system (Washington's Headquarters)!
Time for a Tour	Wildlife Watch!
Take a tour at one of our historic sites!	Keep your eyes out for wildlife while you're in a state park or at a state historic site.
Bike the Hudson Valley Greenway Trail	Bike the Erie Canalway Trail
Bike on the Hudson Valley Greenway Trail - which is a portion of the Empire State Trail!	Bike on the Erie Canalway Trail - which is a portion of the Empire State Trail!
Bike the Champlain Valley Trail	Unlock Adventure
Bike on the Champlain Valley Trail - which is a portion of the Empire State Trail!	Use your Empire Pass to visit one of our participating state parks!



Welcome!	Fall Foliage Fun
Take a friend or family member who has never been to a state park or historic site to your favorite one.	Visit one of our state parks or historic sites in the fall.
Connect Kids	Happy Holidays
Check out our Connect Kids program!	Attend a holiday tree lighting or decorated historic site.
Cast A Line	Find a Statue
Take part in a free 'Learn to Fish' event in a park or cast a line at one of over 130 parks where you can go fishing.	Find one of our statues dedicated to a historic figure throughout our state parks.
Totally Awesome	Share Your Story
Experience a Total Solar Eclipse at a state park on April 8, 2024.	Share a park or site memory for our Share Your Story project with #NYStateParksStory
Serve It Up	Cache It In
Play tennis or pickleball at one of 15 parks with tennis courts.	Take on a geocaching challenge at one of our state parks or historic sites.
Ladders to the Outdoors	Head off on an Adventure
Learn something new about our Ladders to the Outdoors program.	Take a ride on one of our Nature or Adventure buses throughout the state to visit a state park of historic site.
Visit an Urban Park	Finger Lakes Trail
Stop by one of our urban parks located throughout New York City.	Hike a portion of the Finger Lakes Trail and enjoin nature!
North Country Trail	Float like a Butterfly
Hike a portion of the North Country Trail and enjoy nature!	Visit a butterfly garden at one of our state parks
Natural Communities	Seasonal Beauty



Polinator Power!	New York Native
Notice a pollinator in action at a state park or historic site.	Identify a plant native to New York at a state park or historic site.
Wild Water Plants	Centennial Celebration
Identify an aquatic plant at a state park or historic site.	Join us for a special Centennial event at a state park or historic site!
Sunset/Sunrise	Sweet Sugar Maple
Experience a sunrise or sunset at your favorite state park or historic site	Find New York State's official tree at a state park or historic site - the sugar maple!
Look to the Stars	Snowmobile Safety
Go stargazing at your local state park or historic site.	Prepare for winter by taking a snowmobile safety course.
Boat Safe, Boat Smart	#SeeYouOutThere
Take a safe boating course!	Follow us on Instagram, Facebook, X, LinkedIn, and YouTube. Tag us in a post!
Leave No Trace	Nature Center Knowledge
Learn the seven Leave No Trace principles and apply them on your next visit to a state park or historic site.	Attend a nature center program.
You've Got Mail!	Navigation Know-How
Sign up for the ParkConnect newsletter to learn about what's happening at your New York State parks and historic sites!	Learn how to use a compass on the trail.
Ah, the Golden Days	Knowledge is Power
Tell any two seniors (age 62+) about the Golden Park program's free weekday access.	Attend a lecture or program at a state historic site.
Pulse of the Parks	Take a Stroll
Read the "Pulse of the Park" Report.	Take a self-guided nature walk to learn about

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Parks & Sites Blog	Heritage Trails
Check out our blog and read a post about something that interests you!	Embark upon one of our heritage trails to explore significant New York State history!you visited and what you learned.
Experience History	Tree I.D.
Attend a historical re-enactment at one of our historic sites!	Take a walk at a state park or historic sites and identify a tree native to New York State!
What's Your Sign?	Wildlife Tracking
Use the Explorer App interactive maps along a trail.	Look for signs of wildlife in a state park such as tracks in the mud or the snow.
Explore NY Black History	Explore NY Women's History
Explore black history in New York State at a state park or historic site.	Explore women's history in New York State at a state park or historic site.
Explore Indigenous History	Explore LGBTQIA+ History
Explore indigenous history at a state park or historic site.	Explore LGBTQIA+ history at a state park or historic site.
Engage in Education	Takin' Out the Trash
Attend an environmental education program at a state park.	Pick up any litter at a state park for 30 minutes!
Give Back on I Love My Park Day	Lend us a Hand!
Volunteer for the 2024 I Love My Park Day at any of the 100+ sites!	Join a volunteer event at any of our parks and historic sites!
Hello, Friend!	Take to the Trails
Join a friends group!	Volunteer as a trail steward, talking to other hikers about Leave No Trace and how to best protect our parks.

Mail in your checklist to the address below once you've earned as many points as you can.

New York State Office of Parks, Recreation and Historic Preservation 625 Broadway | Albany, N.Y. 12207 | Attn: Centennial Challenge

Challenge submissions will be accepted from January 1, 2024 to January 10, 2025. Winners of the promotional giveaway will be announced the week of January 13, 2025.